

# SHUTTLE PICK-UP

ARAPUKE FOREST PARK MOUNTAIN BIKE NETWORK





GRADE 2 - EASY

Ice Breaker Riff Raff Swamp Monster



#### **GRADE 3 - INTERMEDIATE**

About Time
Back Track
Foo Fighter
Jack And The

Jack And The Beanstalk

Kārearea Mr Twister Pūpū Rahi

Siberian Express

Te Ara Kaikohi Yeah Nah



#### GRADE 4 - ADVANCED

Billy Goat
Check Point Charlie
Chili Beans
Decompression
Jumping Jack
Humpty Jumpty
Rhythm and Vines

13

13

5

Rocky

The Bends



## GRADE 5 - EXPERT

Chewbacca Mind the Gap NewOldSkool

Rambo Ripper





# GRADE 6 - EXTREME

Kissing Rock



CLIMBING

## IN CASE OF EMERGENCY DIAL 111

Not all locations in the park have cell phone coverage. Your best chance of coverage is to get higher and be on the northern side of the hill facing the city.

